



## ACADEMIC PROGRAMME

**Date:** 5<sup>th</sup> September 2025

### PRE-SYMPOSIUM WORKSHOPS

**CPD**

HPCSA Accredited

Workshops - CEU points: 4

Symposium - CEU points: 5 | Ethics point: 1

| Time          | Workshops                                                                                           |                                                                                                         |                                                                                      |
|---------------|-----------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| 13h00 - 17h00 | <b>Medical management of opioid use disorder</b><br><br>Lisa Dannatt, Lize Weich & Kavendren Odayar | <b>Managing the opioid-dependant patient with chronic pain</b><br><br>Livia van Rensburg<br>Melissa Saw | <b>Introduction to motivational interviewing</b><br><br>Amy Adams & Fergus Ashburner |

**Date:** 6<sup>th</sup> September 2025

### SYMPOSIUM PROGRAMME

| Time                                     | Topics                                                                                           | Speakers                           |
|------------------------------------------|--------------------------------------------------------------------------------------------------|------------------------------------|
| 07h30 - 08h00                            | Arrival & Registration                                                                           |                                    |
| 08h00 - 08h10                            | Welcome                                                                                          |                                    |
| SESSION 1: ADDICTION IN DIVERSE GROUPS   |                                                                                                  |                                    |
| 08h10 - 08h40                            | Persons with neuro-diversity & addictions                                                        | Juan Mari Kruger                   |
| 08h40 - 09h10                            | LGBTQI+ & addiction                                                                              | Kholofelo Morodi                   |
| 09h10 - 09h20                            | Q&A                                                                                              |                                    |
| SESSION 2: TECHNOLOGY & SUBSTANCES       |                                                                                                  |                                    |
| 09h20 - 09h50                            | Why can't we stop scrolling? - Is technology our modern-day addiction?                           | Lize Weich                         |
| 09h50 - 10h20                            | Sport, gambling & addiction                                                                      | Richard Goncalves                  |
| 10h20 - 10h30                            | Q&A                                                                                              |                                    |
| 10h30 - 10h50                            | REFRESHMENT BREAK                                                                                |                                    |
| SESSION 3: MEDICAL EFFECTS OF SUBSTANCES |                                                                                                  |                                    |
| 10h50 - 11h20                            | Are we ready for the fentanyl threat?                                                            | Lisa Dannatt                       |
| 11h20 - 11h50                            | An approach to alcohol & the brain                                                               | Lindsay Scholtz                    |
| 11h50 - 12h00                            | Q&A                                                                                              |                                    |
| 12h00 - 13h00                            | LUNCH BREAK                                                                                      |                                    |
| SESSION 4: ON THE COUCH                  |                                                                                                  |                                    |
| 13h00 - 13h30                            | Ketamine – saviour or new drug of misuse                                                         | Bavi Vythilingum & Thabo Mogotlane |
| 13h30 - 14h00                            | Using mindfulness & DBT skills in daily practice when treating patients with addictive disorders | Juané Voges                        |
| 14h00 - 14h10                            | Q&A                                                                                              |                                    |
| SESSION 5: ETHICS                        |                                                                                                  |                                    |
| 14h10 - 14h50                            | Better living or unfair advantage? The ethics of drugs and human enhancement                     | Yoshna Kooverjee                   |
| 14h50 - 15h00                            | Q&A                                                                                              |                                    |
| 15h00 - 15h05                            | CLOSING                                                                                          |                                    |
| 15h05 - 15h40                            | SAAMS AGM                                                                                        |                                    |